

Differences Between Flirting & Sexual Harassment

Flirting and hurting are two different things. There are several ways to tell the difference between the two. Familiarizing yourself with how the behavior is perceived, how it makes others feel, and the results of the behavior, will help you figure out the difference between the two.

Flirting

Flirting Behaviors are

- Wanted
- Respect motivated
- Legal
- Consensual
- Reciprocal

Flirting is Perceived as

- Flattering and complimentary
- Mutual
- Open
- Fun

Flirting makes receiver feel:

- Attractive
- Flattered
- Good
- Happy
- In control
- Confident

Flirting Results in

- Positive self-image
- High self-esteem

Hurting

Hurting Behaviors are

- Unwanted
- Power motivated
- Illegal
- Non-consensual
- One-Sided

Hurting is Perceived as

- Demeaning and Degrading
- One-Sided
- Invading
- Scary & Uncomfortable

Hurting can make you feel

- Ugly
- Demeaned
- Bad
- Sad and angry
- Powerless
- Helpless
- Disrespected

Hurting results in

- Negative self-image
- Low self-esteem

